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Abbreviations

HSRB – Home-Start Rochdale and Bury
TAC/TAF -Team Around the Child/Family
H.O.M.E - Healthy Food Options for Everyone
CCG – Clinical Commissioning Group
ADHD – Attention Deficit Hyperactivity Disorder

CYP – Children and young people
YP – Young People
CIN – Children in Need
CP – Child Protection



**Rochdale
and Bury**

Welcome to our Annual Report 2021 -2022

Thank you for taking the time to read our Annual Report 2021 -2022, which is a celebration of the support we offered our families living across Middleton, Heywood, Rochdale, Pennines and Bury during this period.

The charity expanded considerably this year, taking the team from seven to eighteen staff as a result of short-term investment from Pennine Care to expand our work within Parental Infant Mental Health, Autism, ADHD and Siblings support. This funding enabled us to expand our group offer for Siblings, Autism & ADHD, Disabilities and Parent Infant Mental Health. We increased our capacity to help more families, aiming to keep our waiting times to a minimum.

We welcome Charlotte as our Emotional Health and Wellbeing Support Worker. Ali changed her role to become our Rochdale Parent Infant Mental Health Coordinator as well as Jade & Jose joining the team. Steve joined us as our Siblings Support Worker. Megan, Rachel, Nicola, Gemma and Hayley joined our RAASS Team (Rochdale Autism and ADHD Support Service)

Sam changed role to manager of the RAASS Team from Coordinator

**Team expanded in
2022 from**

7



18

"I was a supported family and wanted to give something back. I became a volunteer and then in 2022, I became a Support Worker"



**Meet our new team
members for 2022**



Families who were already struggling with managing the complexities of family life came to us at a much higher level of need. For example, parents and children who experienced trauma, domestic abuse, sexual abuse as a child and those facing eviction became a common request for support. Poor housing conditions, including problems with mold and damp, caused added stress and physical illness amongst parents and children we supported. Our help and support were needed more than ever, and this was evidenced with an increased number of referrals for our service.



Rochdale and Bury



We continued to support families living in Bury and have registered our new name with the Charity Commission to 'Home-Start Rochdale and Bury'. Although our work in Bury has been challenging due to long term sickness of employees, we have continued to support all existing families referred to us. Reluctantly, we then decided to place a temporary pause on any new referrals for Bury until we are back to full capacity.

Recruiting and maintaining a team of volunteers following the pandemic has been difficult, as many of our existing volunteers left the service to seek employment. Some had to take care of their own personal needs or caring responsibilities. The army of volunteers across Greater Manchester has also reduced, therefore there will be an ongoing mission to make sure we recruit more local parents to help us deliver home visiting support in the future.

As many of our funding streams are short term, we do face uncertainty about the future of being able to continue to deliver services at its current level. We are hoping to access longer-term funding to provide added security for our families and avoid the potential cut to services which may be necessary.

I am so proud to lead such a committed staff and volunteer team who are so passionate and caring in their work. Your commitment and hard work is truly appreciated. I would personally like to thank all employees, trustees, volunteers, referrers and funding partners, for all their support and believing in us to deliver an excellent family support service for our families across Rochdale and Bury.

Donna Arden-McKenna – CEO



More help for our families



Demand for family support is likely to increase as more and more families struggle. They need to reach out to organisations such as Home-Start Rochdale & Bury.



We need to raise money now!

More targeting and stricter criteria for services, which are constrained by finances and resources. Many agencies are having to strictly ration services or limit support.



Recruit amazing volunteers

Voluntary organisations and volunteers are increasingly expected to do more and provide additional services to their previous roles.

Because childhood can't wait





Hello, from the Chairperson of Home- Start Rochdale and Bury

I would like to thank everyone for attending our 23rd Annual General Meeting, to help celebrate another successful year. Your ongoing support is truly appreciated.

This is my second year as Chairperson, and I have thoroughly enjoyed working alongside the staff team, Trustees and volunteers to make our work a success.

We welcome three new members who joined our Trustee Board, who bring a range of skills, experience and knowledge to support the charity to meet its strategic objectives in financial management and emotional health and wellbeing.

It has been a busy year as we work hard to support families to get back on their feet after the lifting of restrictions post pandemic. The continuous flow of referrals reflects the need for our service to continue and an increase in self-referrals demonstrates that parents have trust in the service to meet their needs in a flexible, confidential way.

This year, we have worked on developing the RAASS Service to offer additional support for families who experience difficulties associated with Autism, ADHD and Challenging behaviours. In the future, we would like to offer similar support for families living in Bury.

We have been fortunate to receive additional short-term investment to continue with our Baby Bubbles service and increase our capacity to support more new parents within our PIMH Service. We hope to see this successful work continue way into the future.

One of our strategic aims are to focus on improving our support for inclusiveness and diversity, supporting families and recruiting volunteers in the next year and beyond.

I look forward to another year working with an amazing team and would like to take this opportunity to thank all staff, Volunteers and referrers for your hard work and commitment.

Thank you also to all the Trustees for their Support to the scheme.

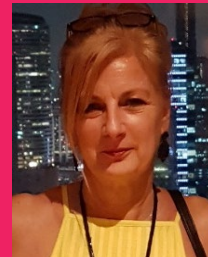
Lynn Butterworth



Finance Manager & Company Secretary (Sharon)



CEO (Donna)



Admin/PA (Amanda)



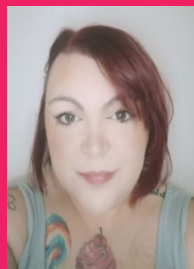
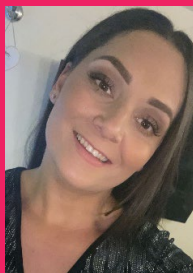
PIMH Coordinator (Ali) & Team



RAASS –Autism & ADHD Manager (Sam) & the Team



Bury Coordinator (Gill) & Team



EHW Support Worker



Volunteers supporting

Home visiting

Drop in Group Support

Sam's Sibs support group

Baby Bubbles



Home-Start Rochdale & Bury's Vision



Giving children the best possible support in life

Home-Start offers emotional and practical support for parents with children from pre-birth to 12 years, within the local communities throughout the Borough of Rochdale and Bury. We support parents as their children grow in confidence, strengthen their relationships with their children and widen their links with the local community.

New referrals 2021-2022	New supported families	Children supported
400	293	616



Ambitious and creative plans

Our hope is to help our parents and children reach their full potential, whilst we support them to enjoy the pleasures of family life. Whilst we may not be able to meet all our dreams and desires for the charity, our intentions are to work towards growing and developing the service over the next 3 years to become more inclusive and diverse in our work.



Supporting our families within our community

We recognise diversity in families and respect their culture, racial, ethnic and religious traditions that make them distinct.

Joining over 4,000
Practitioners
across Rochdale
and Bury

Promoting
positive
relationships
amongst family
and friends

Train all
employees as
Relationship
Champions

Develop skills
of our PIMH
Champions

Diversity

Equity

Inclusion

Volunteers gaining valuable experience to enhance career prospects

Home-Start supports parents to grow in confidence, to help become stronger and resilient, building their skill, emotional strength & coping strategies. Once our families feel our involvement is no longer needed, we encourage them to consider becoming a volunteer themselves and to help others. Our Support workers and Coordinators can go onto further employment opportunities, such as Jess & Gabby who became a qualified Mental Health Nurse and a Midwife

Parents become volunteers



Volunteers become Support Workers



Our Values & Ethos

- Families choose to accept our support
- We respect each family is different
- We respect difference and equality
- We commit to quality
- We are part of the community
- We support long term change



We are parents supporting parents

Most of all enjoyment of family life



84% of families reported improvement in their Emotional Wellbeing



66% of families improved their ability to manage children's behaviour



71% improved ability to access local services

63% of families said we improved family management

62% of families told us they felt less isolated

All good relationships are based on good communication and trust

Partnership with Family Hubs

Not all families are confident to access services with their babies and children. Some require one to one support and encouragement, to help them overcome the challenges that prevent them from accessing local provisions due to their complex circumstances. When the new Family Support Hubs are established in Rochdale, our trained Volunteers and Support Workers will help those parents to increase participation, improve school readiness and emphasizing positive outcomes for children to help them to reach developmental milestones.

Supporting Family Values

We have an increase in families who have struggled with their mental health & wellbeing due many issues around isolation and relationship break downs. This has caused pressures on parents and children around them. The added pressure of the cost-of-living crisis has meant that many families look to us for desperate support. Taking all this into account there has also been an increase in domestic abuse and housing difficulties.

Autism, ADHD & Challenging Behaviour



220 families supported in 2022

We support without judgement

We offer Home visiting



Supporting Neurodiverse families with children under the age of 12

Our Autism service started 15 years ago with me (Sam) as a volunteer, supporting 5 families. Since then, the Autism support has increased over the years due to the need of families in the Rochdale Borough. Now due to more funding from the CCG we are incredibly lucky to have 7 Autism & ADHD Support workers with myself as Manager of the RAASS team (Rochdale Autism and ADHD Support Service). All our RAASS team also live with someone either on the spectrum or with additional needs. I am very proud of the team and the work they deliver.

As our service is a key part of the social and communication pathway for Rochdale, we knew there was even more demand for a wider service offer. With the extra funding we were granted, it has allowed us to support more families across all four localities of the Borough, and with referrals coming in daily we can offer families a quality service that they require and deserve.

- Challenging and aggressive behaviour.
- Self-harm & risk-taking behaviours.
- Sensory Processing Difficulties and understanding how this impacts the child.
- Meltdowns and Managing Anger.
- Understanding Neurodiversity.
- Toileting and toilet training.
- Sleep hygiene.
- Self-care and hygiene.
- The importance of routines and boundaries.
- Medication.
- Parents own emotional wellbeing and diagnosis.
- Puberty.
- Stress and Anxiety.
- ARFID, Sensory food tasting sessions and the benefits of healthy eating and exploring new foods.
- Transitions.
- Early help assessments.
- EHCP.
- DLA/PIP Appeals.
- Support for grandparents and other family members.
- Home safety.
- Marital difficulties and finances.
- Visual timetables and social stories.

Supporting families



"Me & my family would not be where we are today without Roisin, we cannot thank her enough."

"I will be forever grateful for all you have done for me & my family."

"Amazing, I hope you know how important you are to all those families you support. I will always have the confidence to refer a family to your service."

RAASS Drop-in Support Sessions

Providing emotional support for families



This year we were seeing the aftereffects of covid to parents and children. Being isolated affected a lot of family's mental health while children and babies had very little social and communication skills. Parents were thrilled we decided to start offering group support sessions again, but they were also apprehensive coming out of lockdown. We had our RAASS group what's app for parents, and this continued at parents request even when the group sessions re started.

Our RAASS group drop-in sessions have been very popular and well attended over the last 12 months.



Groups held in Rochdale, Heywood, Middleton & Pennines

Due to high demand, we have now increased our drop-in sessions to all four localities – Rochdale, Middleton, Pennines, and Heywood. These are open to any parent/Carer. The sessions are needs led, not diagnosis led.

Home-Start are good at listening and supporting parents through difficult times. At group we offer a listening ear, emotional support and strategies and ideas to support their children. Bacon butties, breakfast options and fruit are also available free of charge. We deliver play activities for children under 5 including sensory play, readiness for school activities and encouraging communication, play & social skills. We also support home schooled children and we do not have any age restrictions for our group sessions.



We continually thrive to improve our service and support families

Sensory activities for under 5's

Sensory table to browse through

Safe environment & a listening

Making friends with other parents sharing experiences

Our team are experienced in supporting children with challenging behaviours

Resources & advice available including a library



"I did not understand Autism and felt so alone & stressed, having home visiting support and attending the group sessions have helped be the best mum and helped me turn things around"

"There is no better support than Home-Start. Thank you Sam, you are amazing"

"Such an amazing caring group and nothing is too much trouble"

SAM'S SIBS – Support Group for Siblings of children with additional needs >>>>>

Siblings of children with Autism & ADHD often struggle with their emotions and feel they cannot talk about their feelings. They feel very alone and isolated and do not understand there are other children in the same situation. Sibs is a calm, understanding environment where they can be themselves and share their thoughts. The children on Sam's Sibs are aged from 6-15 years. This year we also changed the criteria for Sam's Sibs by being needs led and not diagnosis led. This way we have more children who can attend the sessions and get support.

Brother & sisters with a disability with or without a diagnosis

3 Times a year with weekly sessions for 6 – 8 weeks

Supporting siblings with their own emotions

**End of Group rewards
...
Young leader opportunities**

Open to siblings age 6 – 15 years



After having a break from Sam's Sibs due to the pandemic we were very eager to start the sessions for siblings as soon as we could. Lockdown was very difficult for all families but with siblings not getting any respite it had a dramatic effect on them socially and emotionally. Steve our Sibs leader visited the children at home to reassure them and introduce himself so they would not feel as anxious attending. Its is amazing to see very quiet and shy children starting and leaving feeling listened to and have created new friendships and safe adults if they feel the need to talk.

As we were still coming out of lockdown, we delivered two blocks of Sam's Sibs supporting 22 children.

All the children took part in activities from cupcake decorating to outdoor sports all while learning more about their siblings needs.

They provide strategies to help maintaining a calmer home environment which is priceless, and they have gone above and beyond to ensure we are fully supported.

They recognise that the diagnosis and it's associated challenges impact the family as a whole.

They have provided my eldest son with time, advice and support through their Sam's Sibs program, encouraging him to return as a young leader to help other children in a similar position.

I have enjoyed supporting other children at Sam's Sibs. They listened to me and how I was feeling and now I help at Sibs to listen to other siblings.

Home Safety Support & Advice



58 Families referred and supported in 2022



Home-Start Rochdale and Bury have previously worked alongside Rochdale Council Public Health, Rochdale Boroughwide Housing and Greater Manchester Fire Service, to deliver home safety equipment service for our families living in Rochdale.

This year, we were fortunate to access a small grant from Awards for All Lottery, to provide a service to families across Rochdale and Bury, to provide safety advice and fit safety equipment within the family home.

Working alongside our partner agencies including the Health Visiting teams and Childrens Centre's, a simple referral system was established to support those families who may not be able afford the equipment themselves. Our Handyman Steve was able to provide basic safety advice in addition to:

- Up to 2 extendable safety gates for families with children up to the age of 24 months
- Extendable fire guard
- Cupboard locks
- Lockable medicine tins
- Hair straightener mats
- Window locks



"I feel my child is safe and I have piece of mind"

"I don't have that extra worry and really appreciate the help"

Moving forward we are asking for funding support in 2023 from Rochdale Council to invest £5,300 so we can purchase more equipment to help an additional 100 families.

This additional service has been such a valuable resource for many and prevented accidents in the home such as trips, falls, burns and poisoning. By providing equipment, parents reported the levels of stress within the family home as also reduced.

"Amazing and helpful, I can open my windows now with the little one in the room and not worry"

"Ste was informative, we really needed advice and would definitely recommend Home-Start"



My family, Our story, Our journey with Home-Start



Mum Gemma – I was a volunteer and in 2022 I became a Support Worker for RAASS Team!

My second son was diagnosed with Autism just after his second birthday. When going through the process of completing the referral for an assessment and I had no idea what Autism was or how I could help my son have the best possible life. I was then told about Home Start and how they help families who are struggling to manage their children's behaviours, help you understand your child and be that listening ear for when you don't feel you're doing the right thing.

After a few weeks of putting it off I finally plucked up the courage to attend the Burnside group support session to try and get some help and advice as I was really struggling. After speaking to Sam and some of the other parents at the group not only did I come away with some strategies to use at home, but I came away feeling listened to and knowing I wasn't alone on this journey.

A few months went by, and I regularly attended the group drop in getting more and more information and confidence each time. I then learnt that Home Start was looking for people to volunteer to help other families that needed some support. I then applied to be a Home Start volunteer and completed the 6-week course of preparation which I really enjoyed and learnt a lot.

My youngest son was then also diagnosed with Autism, and I knew then that I had made the right choice in wanting to help other families in the same situation as me.

After supporting my first family for a couple of weeks I was notified that there was a job opportunity that had come available, I was unsure whether to apply or not as I still wasn't fully confident in myself. However, after reflecting on how far, I had come on my own journey, I knew I needed to apply and help other families receive the same support that I had from Sam for so long. I have now been working for Home Start Rochdale and Bury for 16 months and it has been the best decision I made.

My confidence as a person and a parent has grown massively, I have helped so many families with their own journeys and I am still growing and learning every day.



If you would like to find out how to volunteer for Home-Start Rochdale & Bury please call

01706 629651 or email:- info@hsrb.org.uk

Support for Emotional Health & Wellbeing

Hello, "My name is Charlotte; I joined the Home - Start team in June 2022 as the Emotional Health and Wellbeing Support Worker. Previously working in a special needs school, where the parents faced many challenges and facing my own challenges with parenthood, drove me to want to support more families within the Rochdale Borough.

It has been amazing to join such an enthusiastic and motivated team. I feel like I have really managed to make a difference with so many families and been able to utilise my skills which I learnt practically and at university. This enabled me to help break down so many barriers that these families face when giving their children the best possible start in life."

Supporting families in Rochdale & Bury



Feedback from families



"Thank you for coming with me. I'm literally falling at dead ends with all my appointments and letters but I feel really positive now that I know you will be coming round to help"



"Thanks a lot for bringing a lot of joy to my family. Getting your support has been like a real father Christmas for us this year Thank you for everything you have done for me and my family. Your support has meant the world to us"

"Just to say thank you for today and listening without judgement, you are so easy to talk to"



"Home Start helped build my confidence and trust in people it also helped to push me out of my comfort zone which is something that was needed, you were amazing so easy to talk to and made me feel comfortable instantly. "

Support
in the
first
1001
days

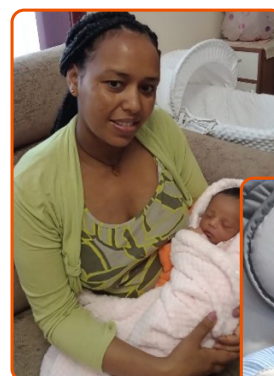
PIMH

Parent Infant Mental Health Support

Providing support for parents and their baby, to help them enjoy safe, nurturing, and healthy relationships.

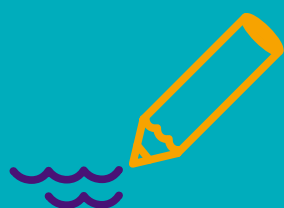
- Regular home visiting support for families with under 2's
- Access to our Baby Bubbles Support Group
- Support from a support worker or volunteer
- Support for parents who struggle emotionally following the birth of their baby
- Supporting young parents
- Expectant mums & supporting dads
- Isolation / self esteem / bonding with baby

PIMH



Our PIMH service works in partnership with the Rochdale Early Attachment Service, to provide relaxed and informal support, for parents experiencing low to medium mental health difficulties during pregnancy or during the first 1001 days. Being a new parent is not always easy. It can feel overwhelming and difficult to manage, especially if a parent has the added pressures feeling anxious, depressed or isolated. Not all parents have a friend or family member to turn to, so that's where our Coordinator, Volunteers and Support Workers have the time and experience to help, listen, reassure and support during these times.

The team provide regular home visiting and group support sessions, encouraging parents positive mental health and wellbeing, helping to improve self-esteem and self-confidence, improving relationships and attachment with their baby, enjoyment of family life and help to access services within their local community. Sometimes we enjoy going for a walk, relax having a hot drink at the local café and chat about anything to help reduce stress, worries and anxieties.



Understanding

Adjusting
to a new
routine

A
Listening
Ear

Access
to local
services

Practical
help

Additional short-term funding from the CCG enabled us to support more families in Rochdale with mild – moderate mental health needs during 2021-22

"I am feel amazing now and also managed to join the gym and taking Anaya for walks trying to make new friends"

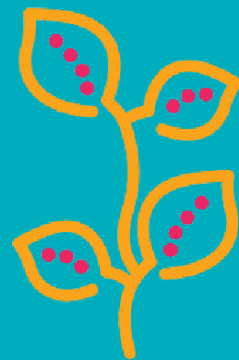
"Emily the volunteer was so supportive and was there when I needed confidence in being a new mum"

Baby Bubbles

Bonding through play



We are a small friendly group of parents who meet with their babies in Heywood, Middleton, Pennines & Rochdale Supporting positive mental health and relationships for every parent, carer and infant



Expectant parents

Babies 0 – 2 year

Group support

Emotional support

Post natal depression

Bonding with baby

Baby development

Isolation / self esteem



42 families
attended
Baby Bubbles

Ali & her team



Parent routes from Baby Bubbles 2022

Baby Bubbles was originally offered to families with young babies at the end of the Covid Pandemic, to provide practical support and reassurance for parents who felt worried or anxious about coming out into the community to access services with their babies.

Due to the success of the service and positive feedback from parents, the CCG invested funds to allow further sessions to continue for parents who continued to struggle. These groups continue to be open to any parents living within the Borough of Rochdale. Small group sessions were offered throughout the year within Heywood, Middleton and Rochdale Townships. Parents were supported to attend, providing an opportunity to meet others who live in their local area, with a safe space to talk about whatever was on their mind. Parents felt at ease without being judged, building confidence in their parenting, reducing isolation, making new friends and enjoying play opportunities for themselves and baby. Some parents benefit from accessing home visiting support in addition to coming along to our Baby Bubble sessions.

"It helped me to open up and gives me a reason to get out of the house"

"My twins enjoyed seeing the same faces and making friends"

"The group was such a help, I met parents who feel the same and I have now made friends with other mums"

"It helps that you are not on your own with all the problems and good things about being a parent"



Fun, Laugh and Learn Support Sessions in Bury

March 2022 – September 2022

These groups encouraged parents to meet with others in similar circumstances, to engage in activities to help promote positive mental health and wellbeing. A range of play and craft activities were provided, whilst having the wrap around emotional support families required. Many of these parents experienced loneliness, isolation which resulted in low mood and poor mental health.



Outcomes of the support we offered

Created friendships

Children enjoyed playing with others

Confidence & reduced isolation

Overcome fear of being judged

Improvement of emotional wellbeing of parent & child

Early communication & language development

Asda supplying sippy cups & tooth brushes

Confidence to access the community including outdoor spaces

Children learning to share through play

Health eating & oral health

Group support

1. Weekly support group sessions
2. 1 on 1 support for families
3. Relaxing & supporting space
4. Breakfast whilst at group
5. Time to share experiences
6. Transport for those who struggled to get to the group
7. Access to groups & community for the first time
8. Learn through play
9. Promoting independence
10. Sing along books & play

"I felt I had someone to listen to me with my problems"

"I found it helpful in other ways no one else did"

"We had a visitor from SEND at the group – this was extremely beneficial to my family"



Volunteers improve child and family outcomes across Rochdale and Bury



Volunteer of the year!



The Vera Ogden Award for this year was presented to "Hayley Freeman." Congratulations and a big thank you for supporting group sessions throughout the year!

"A special thank you to all our Volunteers and Trustees who give up their valuable time to support the Charity"

15 Volunteers attended Course of Prep

23 Volunteers working with our families

6 Volunteer Trustees as part of our team

“What Home-Start means to me”

Parent Feedback

“Sam has been a lifeline to me & my family at a time of crisis. She has helped us so much when we felt so abandoned by other services. As well as being supportive and kind and a great listening ear, she has been so pro-active chasing support for us, does everything she says she will and is a font of knowledge. The best autism support Rochdale has to offer.”

...

“I seriously would not have coped over the last 8 years without these guys, they go above and beyond. Sam should be proud of her team, they are angels that have been through similar things. Our family have Home-Start and they helped me so much. Our 2 girls attended Sam’s Sibs, which helped them get a break and got so much support from the staff & volunteers. Finally, someone to talk to who truly understands us and goes above and beyond where possible.”

...

“We have been struggling for over 5 years to get help for our daughter’s additional needs, with support from Sam and her team. We are now close to getting a diagnosis and additional help for our family.”

...

“My volunteer is one of the nicest people I have met. She has helped me gain confidence and supported me when I needed it most. She always made sure I was okay and I really got on well with her. I really appreciate all the support.

Thank you.”

...

“At the beginning I was afraid to let anyone in my home due to my insecurities and not being able to trust anyone but since meeting my volunteer, my whole life has changed as well as my confidence and being a Mum. Home-Start is an opportunity for Mums to find themselves and work towards things such as parenting and writing letters and so on.”

Team member Feedback

“I’m Gemma, working for Home-Start enables me to help other families feel supported and listened to during their personal journey. As a parent to children with additional needs, I understand how daunting and isolating it can feel, but I remind my families that they are not alone. Since being at Home-Start I’ve been able to build my own confidence as well as the confidence of the families I support.”

...

“Here at Home-Start Rochdale & Bury we are like a family; I love being part of such an amazing team. Working with families to help improve their daily lives has always been a passion of mine. Seeing the difference in the families from the first visit to the last is always very rewarding. Having positive feedback from families and professionals motivate me to continue my work with Home-Start.”

“Go Team Home-Start!” Jade Jennings – PIMH Support Worker

Our Feedback

Volunteer Feedback

**HOME
START**

**Rochdale
and Bury**

"I started volunteering for Home-Start Rochdale after being made redundant from my role in healthcare. At this point I was missing the social contact of working with families and my confidence was low. I was aware of Home-Start and the excellent work they do in supporting families from my professional role. As a mum of 3 and a grandmother, who had been fortunate to have a good support network around me, I saw Home-Start as an opportunity to use the life skills and experience I had gained to give a little back.

The training provided was comprehensive and the ongoing support from the Home-Start staff has given me the confidence to feel well equipped to support families through home visits, group support and telephone calls.

Despite my background, I admit to being extremely nervous when matched with my first family. The child had autism and complex needs. Mum had 2 other children, an older sibling and a young baby. I spent time playing with the child and his older sibling, giving Mum the opportunity to spend time with the baby or to just chat while we played. I found it very rewarding and gained a good rapport with the child and his family.

Feedback from the family was reassuringly complementary and along with the positive comments and feedback from Home-Start staff, I have gained a sense of achievement from my volunteering role in Home-Start. I feel happy to have had a positive impact on families if only in a small way.

I enjoy visiting families in their home. I think this gives you a good insight into how families are managing and the issues they are having to deal with. I like to be able to make time for parents to talk. I am aware I don't always have the answers but often just talking it through and feeling that they are being listened to helps. Most importantly I love interacting with children and my favourite pastime is play."

Volunteer Jane

"Hi I'm Steve I started as a Volunteer Handyman for Home-Start Rochdale and Bury. I was then taken on as a team member.

I have a few roles within the charity that being the Volunteer Handyman, home visiting volunteer and group support volunteer for parents and Sibs.

I support many families with things such as building cots, fitting door locks on kitchen cupboards, building trampolines, putting up shelves, helping to build wardrobes, picking up essential household items and delivering them safely to our family's door and much more.

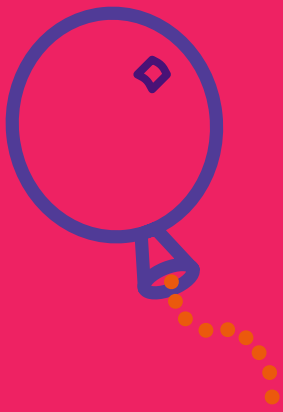
I have supported the Christmas Toy appeals and helped the team to pick up toys from 'Hits Radio Mission Christmas'.

I have also completed the Course of Prep and am willing to support other Dads who may be struggling.

I enjoy helping out on summer trips and outings and enjoy working alongside the staff to support children with additional needs, Autism and ADHD.

There are lots of opportunities to help families within Home-Start and I have thoroughly enjoyed my role for the last 10 years!"

Volunteer Steve



Family feedback on funded projects

Park Sessions & Trips

Priority passes really helpful for the trips
Park sessions really welcoming for families
Families would like to go on trips again
Making friends on the trip & park sessions
Authentic support
Support to help with anxiety
Families able to get out together
Sensory items available & given to children
Able to make happy family memories
No cost for families
Families have not afforded to have a day out before
Sensory and social stories helpful for children
Helping isolation for families who need support

Thank you for making me go out today, the children had a brilliant time... & I feel better for it

We had a fab time on our 1st trip out as a family

Nice to get out & meet other families

We had an amazing time



H.O.M.E

Life-line when no funds for food available
Parents so appreciative
Saved money on fuel – Gas/electric
A kick start with healthy eating
Fresh food that families cannot afford to buy
Educational – learning to cook
Free Slow cooker & healthy recipes to follow
Hot meal for the family
Not worrying about not being able to provide a hot meal for the family

It was so good being able to cook a hot meal that is healthy

I'm so grateful & emotional.. thank you

Help when I needed it most



Christmas

Grateful for the gifts
Brought Joy
Staff felt proud to deliver gifts
Children had a gift to open
Gifts delivered for mums
Appreciated baby boxes for new mums
Reduced financial stress on families
Reduced emotional stress

Thank you so much the children were so happy

It was such a happy day for my children

The children received what they asked for.

I felt so emotional seeing the big smiles on my child's face



Other Support

Safety gates provided for families free of charge
Keeping children safe at home
Reduced worry
Some parents disappointed when couldn't put gates on the stairs
Easy to be referred for safety equipment
Sofa scheme – helping families
Team to nominate families
Sofas delivered direct to families free of charge
Free internet for families helping education at home

Free Internet helped my daughter

I feel so much better that I know my baby is safe

My god I can't believe You got me a free sofa.! Thank you

"I've never known a service that delivers what they say, Thank you!"

Our Success



BBC Morning Live



Mr Motivator.
"Beds for all children"

ERIC WRIGHT TRUST

HENRY SMITH CHARITY

SMALL LOCAL BUSINESSES

PERSONAL DONATIONS



Treasurer's Report 2021 - 2022

This has been the second full year of my tenure as Treasurer for Home-Start Rochdale and Bury.

The complicated nature of our finances reflects the excellent work by the team with regard to fundraising and delivery of service.

Our accounts are very complicated with funding coming from a number of different sources, some of which are short-term, and most are for specific restricted areas of activities and support.

Some of our short-term funding this year, is to offer an extension of service where there is highest demand. As we cannot be certain of this funding continuing into next year, we will need to work in partnership with our commissioners to evidence value for money and make sure this work will continue.

Keeping track of this situation is essential and our present situation is healthy, enabling us to continue providing a wonderful service to families who desperately need our support.

I wish to congratulate the whole team for another year's great work but the ongoing battle to secure more funding continues.

Chris Roberts

Treasurer



Sharon Pearson – Finance Manager
Anita King – Independent Examiner
Manchester Community Accountancy Service
Natwest Bank, Town Hall, Rochdale



For parents when they need us most



Income and Expenditure for December 2021 to November 2022

	Year Ended 30 Nov 2021	Year Ended 30 Nov 2020		Year Ended 30 Nov 2021	Year Ended 30 Nov 2020
	£	£		£	£
Income			Disclosure and Barring Checks	39	840
Donations & fundraising income	16,857	6,133	Fundraising Costs	-	2,698
Investment Income	597	29	Advertising and marketing	2,429	1,016
Other	-	-	Employment Costs	315,434	224,660
Disclosure and Barring Service Income	-	1,438	Project Partner Fees	2,150	-
Restricted grants:			Recruitment	409	-
Awards for All	-	9,550	Administration Support	1,067	1,037
Big Lottery BBR	-	32,795	Training	2,898	838
Bury Community Fund	5,000	-	Resources	-	488
Bury PIMHS	28,458	-	Donations Paid	7	1,349
CCG PIMHS	25,929	41,591	Care Bags	-	55
CCG	25,273	-	Covid-19 Costs	66	2,589
RMBC	15,000	-	SIBS Costs	2,085	50
Neighbourly Fund	-	400	Subscriptions	93	80
Short Breaks	10,000	-	Emergency Family Support	646	313
Arnold Clarke	-	1,000	Volunteer Expenses	4,109	4,577
GMCVO	4,300	-	Group Activities & Support	5,234	893
Action Together	3,795	500	HOME Project	675	-
Asda	-	500	Family Support	-	203
Eric Wright Trust	9,583	417	Parent Group	4,700	2,760
HMRC SSP	-	383	Mental Health Support	-	143
CCG Autism & Emotional Wellbeing	146,698	118,264	Activities	4,218	1,637
CCG Dad Matters	-	10,781	Sensory Resources	2,902	1,624
Community Fund	-	994	Hospitality	278	376
Henry Smith	47,400	41,750	Beneficiary Training	6,972	10,724
Home-Start HOST	-	5,000	Emergency Food Parcels	728	1,041
Big Lottery BFA - Home-Start	-	26,020	Safety Equipment	1,729	-
Big Lottery GM	-	40,000	SWAP Shop	59	812
John Lewis Fund	1,025	-	Travel Expenses	30,816	10,358
Valero	17,178	-	Repairs & Maintenance	-	17
Surge	3,263	9,791	Bank Charges	203	-
Sure Start Children's Centres	33,333	40,000	Evaluation	647	660
Total Income	393,689	387,336	Telephone	5,299	2,831
			Rent	15,876	15,126
			Insurance	1,311	996
			Governance Costs	2,393	1,959
			Post, Printing & Stationery	5,956	4,664
			Depreciation	2,152	891
			Total Expenditure	423,580	298,305
			Surplus/(deficit for year)	(29,891)	89,031






With special thanks to 'Valero' Children's Charity for providing funding for this Family Day out to Gulliver's World!

11th August
2022





Keep In Touch



Charity number: 1107258
Company number: 5282419

For more information please contact:

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